

## **NORMAL VICTIMIZATION AND TRAUMATIZATION RESPONSES**

Persons so harmed suffer intense responses. These can be a blend of present-day coping strategies, childhood survival skills, re-experiencing of RAT victimization, & accumulating traumatic stress responses. Some common responses:

### **Behavioral & physical responses:**

eating/sleeping problems  nausea  diarrhea  fatigue  neck/back/chest/body pain  flu-like symptoms  allergies/asthma  headaches  dizziness  vaginal bleeding  floating feelings  seizure-like attacks  panic attacks  getting lost  Self-harming habits  re-enactments  in perpetual crisis

### **Emotional responses:**

fear, anxiety, panic, terror, or horror attacks  terrifying nightmares  feeling zombie-like  mood swings  being/feeling unheard & misunderstood  feeling/being suicidal  terrified one is/has evil within

### **Mind-spirit responses:**

memory & time lapses  concentration & decision-making difficulties  confusion  difficulties with life skills, i.e. dressing, cooking, & eating  hearing voices in one's head  flashbacks  mind-body memories  fear of losing one's mind, being crazy, or losing touch with reality  perceiving one's Self as a head without a body, an "it"  hopelessness/despair/without purpose

### **Social connections & relationships**

Difficulty trusting  withdrawing  irritability  language & communication barriers  personal boundary confusion  distortions about relationships & worldview

change is distressful  feeling unsafe, uncertain, & on-guard  overwhelmed  unable to cope with work  on disability

### **Resources**

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7. Marron, K. (1988). *Ritual abuse: Canada's most infamous trial on child abuse*. Toronto: Seal Books.
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# **RITUAL ABUSE- TORTURE (RAT)**

## **DEFINING & SHARING INFORMATION ABOUT RAT**

## **RITUAL ABUSE-TORTURE (RAT) IS DEFINED AS:**

Intentionally planned and organized kin and/or non-kin brutal group ritualisms; acts of human evil that terrify and horrify; acts of pedophilic, physical, sexualized, and mind-spirit tortures; acts that can include modern day slavery (pornography, trafficking, sexualized and labor-intensive exploitation); acts that cause life-threatening torment; acts that distort beliefs and values, thoughts, emotions, perceptions, behaviors, and world-view of the victimized person; dehumanizing and despiritualizing acts that have the capacity to destroy the personality of the infant, toddler, child, youth or “captive” adult victim; actions of a co-culture that can be inter-connected regionally, nationality, internationally, and transnationally; and, are criminal acts that are a violation of the victimized person’s human rights.

### **A HUMAN RIGHTS VIOLATION:**

The World Conference on Human Rights emphasizes that one of the most atrocious violations against human dignity is the act of torture, the result of which destroys the dignity & impairs the capability of the victimized to continue their lives & their activities (Vienna, June 14-25, 1993). RAT violates the infant, toddler, child, youth, or adult victim’s human rights.

### **PREVALENCE**

Canadian women from across Canada have contacted us reporting ritual abuse-torture; however, no statistics are presently collected in Canada as there is no law that addresses torture by private individuals/groups. Our experiences

suggest that RAT is a transnational crime involving perpetrators in countries such as the United States, Australia, New Zealand, Great Britain, and Western Europe.

## **RELATIONSHIPS INVOLVING RITUAL ABUSE-TORTURE (RAT)**

**RAT begins** as intentional victimization of the infant, toddler, or child by adults within the adult-child relationship. RAT victimization can continue to include “captive” youth & adults. These like-minded RAT torturers can be inter-connected regionally, nationally, internationally, & transnationally.

**RAT is family/group organized violence structured into brutal ritual dramas involving all forms of torture:**

**Pedophilic torture**, which begins & ends at an age desirable to the RAT pedophile. Pedophilic torture can begin with infants. **Physical tortures** which cause extreme & excruciating pain, fear & terror of being killed, extreme exhaustion, &/or permanent loss, disability, &/or disfigurement.

**Sexualized torture** i.e., using objects &/or animals, forced nakedness, & group rapes.

**Mind-spirit torture** causes torment & distorts beliefs & values, thoughts, emotions, perceptions, behaviors, & worldview. Schooling normalizes human evil beliefs & actions into family/group “rituals & ceremonies” using ritual drama—magic, symbols, & connotations of all-powerful figureheads. Programming via mind-altering drugging, hypnosis, mind-control, trained dissociation, humiliation, degradation, objectification, inhumane experimentation, &

dehumanization, are other examples. **Exploitation** into the pornography, ‘sex’ &/or drug trade, &/or into forced physical labor with employment salaries taken.

**Terrorization** using life-threatening acts, sham or actual, that create intense paralyzing fear in their victims, forcing victims to engage in the atrocities RAT perpetrators demand of them.

**Horrification** occurs with enforced exposure to horrific, inhumane sham/real acts, i.e., □ killing of animals, fetus, or a person □ necrophilism □ Self-cutting as blood’ ritualism’ □ Self-sacrifice (suicide) □ bestiality. Forced involvement in such horrific sham/real acts can imprison victim(s) in silence, blame, guilt, shame, Self-hatred, & mind-spirit distortions with or without a sense of evilism anxiety, evilism fear &/or terror.

**Daily abuse** is the reality for victims trapped within RAT family/groups.

## **WHY DO PERPETRATORS DO WHAT THEY DO?**

- ▶ To dominate by inflicting totalitarian power & control & to terrify the victim into silence which protects perpetrators;
- ▶ To satisfy their needs & desires for cruel & inhumane pleasure & entertainment; &/or,
- ▶ For greed & profit by engaging in the exploitation of their victim(s).

## **WHO ARE THE PERPETRATORS?**

Like-minded persons from all walks of life—men & women, mothers & fathers, other kin, friends or neighbors; the clergy, professional, or lay person;, & persons who use positional power as a cover.