

## THE POWER OF NAMING

Words convey a specific meaning;

Words express thoughts, physical and emotional feelings, and actions;

Words present a conclusive statement;

Words name ordeals such as

## RITUAL ABUSE-TORTURE (RAT)

The power of naming ritual abuse-torture by using these three words gives meaning to the victimization of persons who state they have endured more than abuse; who state they have endured torture. Learning from their voices of survival, we list the acts of human evil ritual abuse-torturers intentionally inflict, which are:

1. Abuse of all forms
2. Terrorization
3. Human-animal violence, i.e. bestiality
4. Torture of all forms
5. Rampageous pedophilia
6. Necrophilism
7. Violent family/group gatherings known as “rituals and ceremonies”
8. Horrification
9. Forcing victims to Self-harming, i.e., Self-cutting or to commit suicide
10. Exploitation of captive enslaved children/women in human trafficking, child/adult pornography, drug dealing, or other illegal acts.

### Who are the ritual abuse-torturers?

Intergenerational families—mothers, fathers, extended family members; guardians and like-minded others—friends and neighbors, clergy or laypersons, professionals, men and women from all walks of life who may do volunteer, community, and church work—and all use their parental or positional power as a cover.

### Why do RAT perpetrators do what they do?

For power, pleasure, protection, and/or profit.

Who are the victimized? Captive, enslaved girl and boy infants, toddlers, children, and youth born into or brought into RAT families/groups and captive exploited women.

Prevalence: To date, we have received reports from Africa, Australia, Canada, England, Germany, Holland, Israel, New Zealand, Scotland, and the United States.

### SOME REASONS WHY NAMING RITUAL ABUSE-TORTURE IS IMPORTANT

1. Naming identifies and validates the specific victimizing ordeal a person has survived.
2. Naming identifies the necessity to develop specific laws acknowledging the severity of the crime of ritual abuse-torture so perpetrators will be held accountable.
3. Naming helps educate others.
4. Naming contributes to increasing the understanding of a person’s ritual abuse-torture victimization and traumatization responses which will facilitate informed caring practices.
5. Naming identifies ritual abuse-torture as *an emerging human rights violation and a newly acknowledged form of torture that is inflicted by “non-state actors” onto the captive enslaved child or woman.*<sup>1</sup>

Reference: <sup>1</sup> Sarson, J. & MacDonald, L. (2004, March 8). Ritual Abuse-Torture. In D. Raphael (NGO and Facilitator), *The Many Faces of Torture*. Side-panel presentation, 48<sup>th</sup> Session of the Commission on the Status of Women, UN Headquarters, NY.

**RITUAL**

**ABUSE-TORTURE**

## **THE POWER OF NAMING**

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## RITUAL

Rituals generally function to:

1. Organize many aspects of people's lives and the culture and societies they live in.
2. Influence people's beliefs, values, thoughts, perceptions, attitudes, and motivations, shaping their behaviors.
3. Impact on a person's way of fitting into families or groups—work, play, church, and friendship networks, for example.
4. Shape positional power in relationships i.e., Do men hold power over women? Do adults exert violent power over children? Is there a leader/followers? Is there equality?

RITUAL ABUSE-TORTURERS USE RITUALS for the same organizational purposes to, i.e.:

1. Organize planned violent family/group gatherings coded as 'rituals and ceremonies' which commonly involves a leader, an audience of like-minded others, and their victim(s)—the unborn, or infants to adults.
2. Organize to normalize all forms of sadistic family/group torture influencing and reinforcing groupthink, cohesiveness, and belongingness.
3. Organize to shape perpetrator-victim relationships. Perpetrators assert domination over victims, overwhelming them with drugs and reality distortions using costumes, chants, darkness, terror, torture, and horrification pain; using omnipotent themes and roles of a high priestess, satan, devil, lucifer, or bishop and 'legitimizing' rituals by 'officially' naming them, i.e., 'marriage to satan', programming victims 'to fit' into their victim role as the 'chosen one'.

## NAMING RITUAL ABUSE-TORTURE

### ABUSE

Ritual abuse-torturers inflict many forms of intentional abuse onto victims, such as:

1. VERBAL ABUSE—repeated name calling, put-downs, using negative messages and demeaning voice tones, and the 'silent treatment' to diminish the victim's esteem.
2. EMOTIONAL ABUSE—habitually humiliating, shaming, rejecting, and disregarding the victim as unlovable, unwanted, undeserving, and useless.
3. PSYCHOLOGICAL ABUSE—distorting the victim's beliefs, values, attitudes, actions, and worldview, harming and isolating them to keep them captive—the 'perfect victim'.
4. PHYSICAL ABUSE—deliberate infliction of a non-accidental injury onto the victim by, i.e., hitting, punching, shoving, or kicking.
5. SEXUALIZED ABUSE—sexualized touching, oral, vaginal, penal, or anal rape, forced to view and/or be involved in pornography, prostitution, and exposed to sexualized acts of others.
6. FINANCIAL ABUSE—taking working youth's money or controlling and taking an adult victim's salary and credit cards.
7. SPIRITUAL ABUSE—forcing the victimized person to develop a belief they are very bad persons.
8. EXPOSURE TO FAMILY VIOLENCE—causing emotional duress and a risk witnesses might be further abused.

## TORTURE

Ritual abuse-torturers inflict many forms of organized torture onto victims, such as:

1. MIND-SPIRIT TORTURE—attempting to alter or destroy the victimized person's Self
  - using conditioning and programming to normalize pedophilia
  - forcing the victim to believe they are owned by 'the family'
  - reinforcing the belief 'the family' is superior to outsiders
  - treating the victim as an object, an 'it'
  - using omnipotent themes perpetrators program the victim to believe they have evil within ... thus there is no escape
  - forcing the victim to harm other children, victimized persons, or animals
  - exposing the victim to acts of horrification with sham or actual killing of a fetus or necrophilia for example
  - using mind-altering tactics, i.e., drugging, hypnosis, torture pain, electric shocking, or human experimentation to overwhelm the victim, distorting their reality, forcing the victim into out-of-body, disconnection and dissociation responses fragmenting their relationship to/with Self, all for the power, pleasure, and protection of perpetrators.
2. PHYSICAL TORTURE— whipping, hung by a limb, prolonged beatings, burns, cuts, caging, confining into small enclosed dark spaces, electric shocking, tied down for prolonged periods, kept awake all night and bombarded with glaring lights, denying nourishment or access to a bathroom, or forced to eat their vomitus or excrement.
3. SEXUALIZED TORTURE— forced nakedness, family/group rape, raping with objects, animals and bestiality, body fluids, sado-necrophilia, trafficked or exploited into pornography and the 'sex' trade.